

Ruby Dessert Sauce

Yield: about 24 (1-oz) servings

Drizzle this refreshing sauce over angel food cake or fresh fruit.

Ingredients	Measure		Nutrition per Serving	
		24 - 1 oz		
Cranberry, cherry or other red fruit juice	20 oz (2½ cups)		Calories	50
Med-Diet® Low Sodium Cream Soup Base	6 oz (¼ cups)		Total Fat g	2
Sugar	2 oz (¼ cup) or as needed		Saturated Fat g	0
Vanilla extract	2 tsp		Cholesterol mg	0
			Sodium mg	30
			Carbohydrate g	8
			Fiber g	0
			Sugar g	4
			Protein g	1

Preparation

1. In saucepan, combine juice, soup base and ¼ cup sugar; whisk until blended. Adjust sugar to taste. Cook, whisking frequently, until sauce is thickened and 165°F.
2. Stir vanilla into sauce.

Product Information

Product	Case Pack	Yield	Product Code
Med-Diet® Low Sodium Cream Soup Base	6 – 14 oz	6 gal	2192045